

CAYMAN ISLANDS

About: The Cayman Islands, a British Overseas Territory, encompasses 3 islands in the western Caribbean Sea. Grand Cayman, the largest island, is known for its beach resorts and varied scuba diving and snorkelling sites. Cayman Brac is a popular launch point for deep-sea fishing excursions. Little Cayman, the smallest island, is home to diverse wildlife, from endangered iguanas to seabirds such as red-footed boobies.

Travel Report: <https://travel.gc.ca/destinations/cayman-islands>

Travel Guide: <https://www.lonelyplanet.com/cayman-islands>

Language: English

Capital: George Town

Population: 61,559

Currency: Cayman Island Dollar

GRENADA

About: Grenada is a Caribbean country comprising a main island, also called Grenada, and smaller surrounding islands. Dubbed the “Spice Isle,” the hilly main island is home to numerous nutmeg plantations. It’s also the site of the capital, St. George’s, whose colourful homes, Georgian buildings and early-18th-century Fort George overlook narrow Carenage Harbour. To the south is Grand Anse Beach, with resorts and bars.

Travel Report: <https://travel.gc.ca/destinations/grenada>

Travel Guide: <https://www.lonelyplanet.com/grenada>

Language: English

Capital: St. George’s

Population: 107, 317

Currency: Eastern Caribbean Dollar

ECUADOR

About: Ecuador is a country straddling the equator on South America’s west coast. Its diverse landscape encompasses Amazon jungle, Andean highlands and the wildlife-rich Galápagos Islands. In the Andean foothills at an elevation of 2,850m, Quito, the capital, is known for its largely intact Spanish colonial center, with decorated 16th- and 17th-century palaces and religious sites, like the ornate Compañía de Jesús

Church.

Travel Report: <https://travel.gc.ca/destinations/ecuador>

Travel Guide: <https://www.lonelyplanet.com/ecuador>

Language: Spanish

Capital: Quito

Population: 16.39 million

Currency: United States Dollar/Ecuadorian centavo coins

PERU

About: Peru is a country in South America that's home to a section of Amazon rainforest and Machu Picchu, an ancient Incan city high in the Andes mountains. The region around Machu Picchu, including the Sacred Valley, Inca Trail and colonial city of Cusco, is rich in archaeological sites. On Peru's arid Pacific coast is Lima, the capital, with a preserved colonial center and important collections of pre-Columbian art.

Travel Report: <https://travel.gc.ca/destinations/peru>

Travel Guide: <https://www.lonelyplanet.com/peru>

Languages: Spanish, Quechua, Aymara

Capital: Lima

Population: 31.77 million

Currency: Sol

THE NETHERLANDS

About: The Netherlands, a country in northwestern Europe, is known for a flat landscape of canals, tulip fields, windmills and cycling routes. Amsterdam, the capital, is home to the Rijksmuseum, Van Gogh Museum and the house where Jewish diarist Anne Frank hid during WWII. Canalside mansions and a trove of works from artists including Rembrandt and Vermeer remain from the city's 17th-century "Golden Age."

Travel Report: <https://travel.gc.ca/destinations/netherlands>

Travel Guide: <https://www.lonelyplanet.com/the-netherlands>

Languages: Dutch, English, Papiamentu, Frisian

Capital: Amsterdam

Population: 17.02 million

Currency: Euro, United States Dollar

SCOTLAND

About: Scotland, the U.K.'s northernmost country, is a land of mountain wildernesses such as the Cairngorms and Northwest Highlands, interspersed with glacial glens (valleys) and lochs (lakes). Its major cities are Edinburgh, the capital, with its iconic hilltop castle, and Glasgow, famed for its vibrant cultural scene. Scotland is also famous for golf, the game first played at the Old Course at St Andrews in the 1400s.

Travel Report: <https://travel.gc.ca/destinations/united-kingdom>

Travel Guide: <https://www.lonelyplanet.com/scotland>

Language: English

Capital: Edinburgh

Population: 5.295 million

Currency: Pound Sterling

AUSTRIA

About: Austria is a German-speaking country in Central Europe, characterized by mountain villages, baroque architecture, Imperial history and rugged Alpine terrain. Vienna, its Danube River capital, is home to the Schönbrunn and Hofburg palaces. It has counted Mozart, Strauss and Freud among its residents. The country's other notable regions include the northern Bohemian Forest, Traunsee Lake and eastern hillside vineyards.

Travel Report: <https://travel.gc.ca/destinations/austria>

Travel Guide: <https://www.lonelyplanet.com/austria>

Languages: German, Hungarian, Slovenian, Austrian German

Capital: Vienna

Population: 8.747 million

Currency: Euro

SPAIN

About: Spain, a country on Europe's Iberian Peninsula, includes 17 autonomous regions with diverse geography and cultures. Capital city Madrid is home to the Royal Palace and Prado museum, housing works by European masters. Segovia has a medieval castle (the Alcázar) and an intact Roman aqueduct. Catalonia's capital, Barcelona, is defined by Antoni Gaudí's whimsical modernist landmarks like the Sagrada Família church.

Travel Report: <https://travel.gc.ca/destinations/spain>

Travel Guide: <https://www.lonelyplanet.com/spain>

Language: Spanish

Capital: Madrid

Population: 46.56 million

Currency: Euro

TANZANIA

About: Tanzania is an East African country known for its vast wilderness areas. They include the plains of Serengeti National Park, a safari mecca populated by the "big five" game (elephant, lion, leopard, buffalo, rhino), and Kilimanjaro National Park, home to Africa's highest mountain. Offshore lie the tropical islands of Zanzibar, with Arabic influences, and Mafia, with a marine park home to whale sharks and coral reefs.

Travel Report: <https://travel.gc.ca/destinations/tanzania>

Travel Guide: <https://www.lonelyplanet.com/tanzania>

Languages: Swahili, English

Capital: Dodoma

Population: 55.57 million

Currency: Tanzania Shilling

VIETNAM

About: Vietnam is a Southeast Asian country on the South China Sea known for its beaches, rivers, Buddhist pagodas and bustling cities. Hanoi, the capital, pays homage to the nation's iconic Communist-era leader, Ho Chi Minh, via a huge marble mausoleum. Ho Chi Minh City (formerly Saigon) has French colonial landmarks, plus Vietnamese War history museums and the Củ Chi tunnels, used by Viet Cong soldiers.

Travel Report: <https://travel.gc.ca/destinations/vietnam>

Travel Guide: <https://www.lonelyplanet.com/vietnam>

Languages: Vietnamese

Capital: Hanoi

Population: 92.7 million

Currency: Vietnamese Dong